

演講廳 Lecture Theatre

3 (星期二 Tue) 香港國際文學節主辦
Organised by the Hong Kong International Literary Festival
至 to
5 (星期四 Thu) **3/3**
7:00pm **On Muscle: The Stuff that Moves Us and Why It Matters**

票價 Ticket Price: \$248

4/3
我在北京送快遞
I Deliver Parcels in Beijing

票價 Ticket Price: \$198

5/3
Amitav Ghosh: Ghost-Eye

票價 Ticket Price: \$248

收費活動
Charged event
節目及票務查詢 Programme & Ticketing Enquiry:
2877 9770

5 (星期四 Thu) 勞工處主辦
3:30pm Organised by the Labour Department

10 (星期二 Tue) **職業健康講座**
6:30pm **Occupational Health Talk**

報名入場
Admission by enrollment
節目查詢 Programme Enquiry: 2852 4062

6 (星期五 Fri) 國際健康養生會有限公司主辦
2:00pm Organised by the International Association For Health And Yangsheng Company Limited
身心靈全人健康講座 — 守護大腦健康，遠離認知障礙
Health Talk

報名入場
Admission by enrollment
節目查詢 Programme Enquiry: 9131 6233

7 (星期六 Sat) 康樂及文化事務署香港公共圖書館與學海書樓合辦
11:00am Jointly organised by the Hong Kong Public Libraries, LCSD and the Hok Hoi Library

14 (星期六 Sat) **學海書樓人生學問講座**
11:00am **Hok Hoi Lectures on Chinese Wisdom and Life Pursuits**

報名入場
Admission by enrollment
節目查詢 Programme Enquiry: 2921 2645

7 (星期六 Sat) 康樂及文化事務署香港公共圖書館與香港中文大學新亞書院合辦
3:00pm Jointly organised by the Hong Kong Public Libraries, LCSD and the New Asia College, The Chinese University of Hong Kong

錢賓四先生學術文化講座：機會與挫折—傳統中國有關世界的知識史歷程
Ch'ien Mu Lecture in History and Culture: Opportunities and Setbacks: How Traditional China Understood the World

節目查詢 Programme Enquiry: 2921 0222

報名入場
Admission by enrollment

11 (星期三 Wed) 香港過敏協會有限公司主辦
7:20pm Organised by The Hong Kong Allergy Association Limited

認識食物過敏與過敏性休克
Getting to know food allergies and Anaphylaxis

節目查詢 Programme Enquiry: 2770 5000

報名入場
Admission by enrollment

12 (星期四 Thu) 健康動力有限公司主辦
7:30pm Organised by the Health Action Limited

【拆解「運動膝關節痛」常見迷思】
醫學專題講座
Health Talk

節目查詢 Programme Enquiry: 5403 6121

報名入場
Admission by enrollment

14 (星期六 Sat) 康樂及文化事務署香港公共圖書館與香港恒生大學中文系合辦
2:30pm Jointly organised by the Hong Kong Public Libraries, LCSD and the Department of Chinese, The Hang Seng University of Hong Kong

2026年文學月會：
坐看金庸武俠小說 — 信與詩
• 一諾千金：金庸筆下的俠客之道
• 從金庸《俠客行》回望李白的詩藝人生
Monthly Literary Talk 2026:
Enjoy the Moment with Jin Yong's Martial Arts Novels - Integrity and Poetry
• A Golden Promise: The Spirit of Xia in Jin Yong's Martial Arts Novels

• *Ode to Gallantry and the Poetic Life of Li Bai*
節目查詢 Programme Enquiry: 2921 0286

免費入場 (先到先得)
Free admission
(first-come-first-served)

14 (星期六 Sat) 香港道教聯合會、圓玄學院與蓬瀛仙館合辦
7:15pm Jointly organised by The Hong Kong Taoist Association, The Yuen Yuen Institute and the Fung Ying Seen Koon

中國傳統文化之易學及道化教育講座
Educational Talk

節目及票務查詢 Programme & Ticketing Enquiry:
2396 4881

16 (星期一 Mon) 香港港安醫院 — 司徒拔道主辦
7:00pm 健康動力有限公司協辦
Organised by the Hong Kong Adventist Hospital - Stubbs Road
In association with the Health Action Limited

香港港安醫院 — 司徒拔道
前列腺癌治療新趨勢
Hong Kong Adventist Hospital - Stubbs Road
New Trends in Prostate Cancer Treatment

報名入場
Admission by enrollment
節目查詢 Programme Enquiry: 5403 6121

18 (星期三 Wed) 心聆精神健康香港有限公司主辦
7:00pm Organised by the Mind Mental Health Hong Kong Limited

Your Mental Health Matters 活動系列 — 「一個人有事 係家人嘅事」— 精神健康與家庭支援
Your Mental Health Matters Event - Supporting Mental Health within the Family

節目及票務查詢 Programme & Ticketing Enquiry:
3643 0869

憑票免費入場
Free admission by ticket

